

# Introduction to Supported Living

## Course Checklist

### Module 1: Introduction to Supported Living Care

#### ▪ Principles of Supported Living Care

- Understand the fundamental principles guiding supported living.
- Explore the philosophies shaping the approach to care.
- Recognize the significance of individual autonomy and choice.

#### ▪ Types of Supported Living Settings

- Identify different supported living settings.
- Understand the unique characteristics of each setting.
- Recognize the diversity of accommodations available.

#### ▪ Roles and Responsibilities of Health Care Workers

- Define the key roles within a supported living team.
- Understand the responsibilities associated with each role.
- Recognize the importance of collaboration among team members.

## **Module 2: Legal and Regulatory Framework**

### **▪ Key Legislation and Regulations**

- Familiarize yourself with the legal framework governing supported living care.
- Understand the implications of key legislation on practice.
- Recognize the rights and protections afforded to individuals.

### **▪ Policies and Procedures for Compliance**

- Explore organizational policies and procedures.
- Understand the importance of adherence to guidelines.
- Recognize the role of policies in ensuring quality care.

### **▪ Importance of Confidentiality and Data Protection**

- Understand the significance of maintaining confidentiality.
- Explore data protection principles.
- Recognize ethical considerations in handling sensitive information.

## **Module 3: Health Care Needs of Individuals in Supported Living**

### **▪ Common Health Care Needs**

- Identify the prevalent health care needs in supported living.
- Understand the varied physical and mental health requirements.
- Recognize the importance of holistic care.

### **▪ Strategies for Managing Complex Needs**

- Explore effective strategies for addressing complex health needs.
- Understand the role of a multidisciplinary approach.
- Recognize the importance of personalized care plans.

### **▪ Medication Management**

- Understand the principles of safe and effective medication management.
- Recognize the importance of accurate documentation.
- Explore examples of medication management scenarios.

## **Module 4: Person-Centered Care**

### **▪ Definition and Importance of Person-Centered Care**

- Define person-Centered care and its significance.
- Understand the principles of tailoring care to individual preferences.
- Recognize the impact of person-Centered care on overall well-being.

### **▪ Strategies for Implementing Person-Centered Care in Practice**

- Explore practical strategies for integrating person-Centered care.
- Understand the role of communication in personalized care.
- Recognize the importance of continuous assessment and adjustment.

### **▪ Effective Communication with Individuals and Their Families or Carers**

- Understand the principles of effective communication.
- Recognize the importance of involving families and carers.
- Explore scenarios illustrating effective communication strategies.

## **Module 5: Risk Management**

### **▪ Identifying and Managing Risks Associated with Supported Living Care**

- Understand the concept of risk in a supported living context.
- Explore strategies for identifying and assessing risks.
- Recognize the importance of preventive measures.

### **▪ Strategies for Promoting Safety and Wellbeing**

- Explore proactive strategies for maintaining a safe environment.
- Understand the role of education in promoting safety.
- Recognize the importance of adapting strategies to individual needs.

### **▪ Reporting Incidents and Accidents**

- Understand the significance of incident reporting.
- Explore the process of reporting incidents and accidents.
- Recognize the role of documentation in incident management.

## **Module 6: Working in a Collaborative Team**

### **▪ Importance of Teamwork in Supported Living Care**

- Recognize the value of teamwork in providing comprehensive care.
- Understand the impact of collaboration on individual outcomes.
- Explore examples illustrating successful teamwork.

### **▪ Effective Communication and Collaboration with Colleagues**

- Understand the principles of effective communication within a team.
- Explore strategies for fostering collaboration among team members.
- Recognize the role of communication tools in team effectiveness.

### **▪ Roles and Responsibilities of Different Team Members**

- Define and understand the responsibilities of various team members.
- Explore scenarios illustrating effective collaboration among team roles.
- Recognize the importance of mutual respect and clear communication.

This checklist is designed to guide participants through the key topics and learning objectives of the Supported Living Training Course. Each item represents a key concept or skill that participants should understand or demonstrate by the end of the training.